

Kettle Run HS Cougar Beat

November/December 2020

Message from Principal Brill

Dear Students and Families,

We hope you had a great Thanksgiving! It is certainly hard to believe that winter break and the end of the first term are just a few short weeks away.

The Sophomore Class will continue to collect new, unwrapped toys for Toys for Tots until Friday, December 11th. Collection boxes are located throughout the building (near the main and attendance offices, the commons, and the library). Help us provide gifts to those in-need this holiday season.

The Junior Class is sponsoring the annual Talent Show, which will be streamed on Friday, December 11th at approximately 7:30pm. More information will be shared (via the weekly email/phone call and social media) as it is available.

As we prepare for the end of the first term, please know that (as with midterms) final exams are optional and teachers may or may not provide one for students. We will ask our teachers to inform students of their plans surrounding a final exam and offer the necessary information to ensure that students may prepare accordingly.

The final marking period ends on Thursday, December 17th and attendance will be recorded until that date. Report cards will be available on Friday, January 8th (via Infinite Campus).

Winter break will be December 21st – January 4th. The second term (new classes) begins on Tuesday, January 5th.

As a reminder to those of you who drop students off in the morning and/or pick them up in the afternoons, please be mindful of your speed and remember that we have many faculty, staff, and students who walk to and from vehicles. We are aware of the heavy traffic traveling in and out of our facility and we appreciate your assistance in providing a safe environment for everyone.

As always, if you have any questions or concerns, please do not hesitate to contact us.
Happy Holidays and Happy New Year to each of you!

Thank you!

Meaghan Brill, Principal
Kettle Run High School

Clinic News

The clinic does not keep a supply of medications such as: Neosporin, Motrin, cough drops, burn creams, etc. Prescription medications need to be dispensed by a doctor and submitted to the clinic on appropriate Fauquier County School forms - available on the FCPS1 webpage. Orders on prescription pads will not be accepted. Please provide health care plans for students with seizures, diabetes, severe allergies and asthma.

The clinic's fax number is 540-422-7358.

The clinic hours are 7:00-2:30pm.

Please assess your student daily for symptoms of Covid-19. If any symptoms are present, please keep your child at home. Student Symptom Checker is attached.

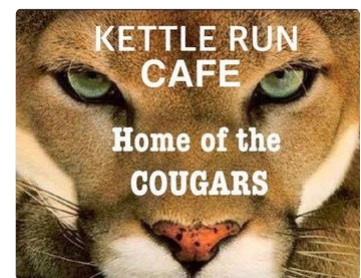


Symptom checker.pdf

[Download](#)
87.0 KB

Cougar Cafe

As colder weather blows in the Cougar Cafe has decided to move the location of the Grab 'n Go car line so it will be better able to preserve the quality of hot lunches and protect ourselves from the elements. This will take effect starting November 30th.



Other than a change in our location, nothing else will change. Meal packs will still be available for our hybrid students to pick up and take home on Tuesdays and Fridays at dismissal. For our virtual students and those hybrid students unable to carry home, we will be offering our meal packs for pickup through our Grab 'n Go car line on Tuesdays, Wednesdays, and Fridays from 11:00am – 12:00noon.

If you have any questions or concerns,
please contact us at 540-422-7342
Follow us on Twitter: @KRHSCougarCafe
Facebook: Kettle Run Cougar Café
Instagram: kettleruncougarcafe

Cougar Cheer

The Kettle Run Cheerleaders would like to thank their 2020-2021 program ad sponsors! Please check



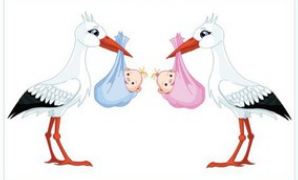
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Cougar Counseling

- Morgan's Message is officially at KR! The purpose of Morgan's Message for student athletes to help end the stigma surrounding mental health. If you would like to be an advocate, please reach out to Coach Porterfield, Ms. Reylin, or Ms. Tate.

- Power Pack Program: This program is designed to help supplement a child's basic need for food. The packs consist of non-perishable and nutritious food items that would be sent home with your child 1x per week. If you feel that this program would be beneficial to your family, please contact Ms. Tate at alixandra.tate@fcps1.org or 540-422-7348.

- Are you a December graduate who plans to attend Lord Fairfax Community College in the spring? LFCC is offering a 75% tuition discount. Contact Mrs. Johnson, LFCC Career Coach, at maryac.johnson@fcps1.org for more info.

- Applications for Summer Residential Governor's School are due to Ms. Tate Friday, 12/4 SRGS provides students with intensive educational experiences in visual and performing arts; humanities; agriculture; mathematics, science, and technology. Email Ms. Tate at alixandra.tate@fcps1.org with

We can be reached by phone (540-422-7348) or by email at the following:

Mrs. Melanie Blakeney
School Counselor (students A-D)
mblakeney@fcps1.org

Mrs. Kelsey Eberly
School Counselor (students E-K)
kelsey.eberly@fcps1.org

Ms. Alix Tate
Director of Counseling (Students last name starting with L. & Foreign Exchange)
alixandra.tate@fcps1.org

Ms. Trinnie Reed
School Counselor (students M-R)
trinnie.reed@fcps1.org

Ms. Aleksandra Startek
School Counselor (Students S-Z)
Aleksandra.startek@fcps1.org

Mrs. Marya Johnson
Career Coach
marya.johnson@fcps1.org

Adriana Zehr
College Advisor
Adriana.zehr@fcps1.org

Ms. Katrianna Tapscott
Registrar
ktapscott@fcps1.org

Ms. Reylin Morgan
Office Associate
reylin.morgan@fcps1.org

Kettle Run FFA - The National FFA Organization

Kettle Run FFA - The National FFA Organization --The premier youth organization - preparing members for leadership and careers in the science, business and technology of agriculture.

During the months of November and December the Kettle Run FFA Chapter looked for ways to assist both local and neighboring communities. One of the activities we participated in was the Stuff The Bus food drive sponsored by the Kettle Run SCA.

The FFA is also selling t-shirts for \$10 to Kettle Run staff and non-faculty members. All proceeds will be donated to the FFA Chapters in Louisiana that have been impacted by Hurricane Zeta.

During the October FFA Chapter meeting, students participated in a scavenger hunt, explored different turkey cuts, and enjoyed hearing from two guest speakers - Hunter Carson and Stephanie Staats.

The December Chapter meeting will be held on December 16th.

The Ag Department is selling student-made holiday decorations that floral designs. The sale will take place December 3rd from 7:00pm - 9:00pm on the Floral Design/Horticulture Facebook Page - <https://www.facebook.com/KRHSFDH>

If you are interested in learning more about the Kettle Run FFA, please check out the Google Classroom at <https://classroom.google.com/c/MTg2NjcxNjg1MDU3?cjc=ptvwipb> or email Tonja.romero@fcps1.org for more information.

Also, follow us on our Social Media:

- Twitter: @krhsffa
- Facebook: Kettle Run FFA
- Instagram: krhsffa

Our current FFA Officers:

- President: Abby Boldt
- Vice President: Caroline Ralls
- Secretary: Brooke Grimsley
- Treasurer: Megan Prosser
- Reporter: Alicia Leone
- Assistant Reporter: Amber Villalobos
- Sentinel: Bethany Norman

Fundraising

**Harris Teeter gave \$1,117.40 back to
Kettle Run High School**

Have you linked your Harris Teeter VIC Card to the **Kettle Run High School** Together in Education (TIE) code, **#7417**?

Harris Teeter contributes a percentage of all HT brand purchases to the Kettle Run High School TIE account when your VIC card is linked to our school. Here are two easy ways to link your VIC card:

Visit your Harris Teeter and ask your cashier to link you card to #7417.

Visit <https://www.harristeeter.com/user/login?fromTIE=true> Together in Education and link your card online. We currently have 33 participants ... who will be number 34 & 35?

Once you are signed up, we start raising funds.

Junior Class Update

JR SCA will be hosting the annual TALENT SHOW on Friday, December 11th at 7:30pm

It will be live streamed at no charge.

Library News

We are currently working with English classes on persuasive essays. The students are using our databases and learning to persuade their audience to agree with their position on a topic. We are emphasizing identifying credible sources and using information responsibly and ethically. Don't forget that all of the databases are available at home and all passwords can be found on the database page.

The Giving Tree returns for the month of December. We are collecting new or gently used hats, gloves, mittens and scarves to decorate the tree. We will collect items through December 15th and then take the items collected to Fauquier FISH so that those in need can stay warm this winter.

Is your student reading our Kettle Run Reads titles? We have selected sixteen books in a variety of genres and purchased multiple copies of them. These guaranteed great titles can be placed on hold through our online catalog. We will then check them out and deliver them or place them on the cart to be picked up at our window. Remind your students to stock up on books to read over Winter Break. Don't forget that students can check out ebooks as well through SORA or MackinVia. Please don't hesitate to ask a librarian if you have a questions about checking out ebooks.

Twenty minutes of reading per day equals over one MILLION words per year. Is your student getting his or her daily dose?

National Honor Society

Attention current senior members of The KRHS Chapter of The National Honor Society. If you are interested in applying for an executive council position for the 2020-2021 school year, please complete the form located at

<https://docs.google.com/document/d/1A9yFdhAuLGt7AD05QZxPFLijst4fH6MtqVaLCsJi40/edit?usp=sharing>

All completed forms should be submitted via Google/schools.net email addresses to Ms. Fort or Mrs. Heckathorn by Friday, December 11, 2020. We look forward to hearing from you! Please contact us with any questions or concerns.

Staff Person of the Month - November

Karla Jerde

Karla really stepped up to help our department last month when we found ourselves suddenly without one of our full-time Spanish teachers. She's a travel teacher between two schools, but she was willing to give up several days of planning and grading for her own classes to train two different long term substitutes. She took over the lesson planning for level 1 Spanish, so that I could focus on the level 2 classes. She REALLY saved our butts, especially mine. I'm VERY grateful for her assistance and her presence in our department.

Congratulations Mrs. Jerde!

Student of the Month - November

Collin Brown

Collin was one of the few students that actually kept his camera on when we were 100% virtual. It made it really easy to get to know him, because I always had a face to go with the voice. He asked questions that were relevant and instead of just keeping quiet, he asked those questions, in turn giving his classmates the opportunity to learn from his questions. In the beginning he was the FIRST student of mine to ask questions in the virtual format, which in turn led to other students feeling comfortable with asking questions. Collin was one of my AA day students and is a leader in the classroom. He completed work in a timely manner and led the classroom by his example. Not too bad for a 14-year young man starting his first year at KRHS.

Congratulations Collin!

(December's Staff & Student of the Month will be announced in January 2021)

Student Parking Information

As we have previously shared, we will not be collecting student-parking fees this year. Students who wish to drive to school must complete the form to park on school property.

The link to the form can be found in Mrs. Brill's KR Reminder - Week #12 email. Students need to be signed into their Google (fcps1schools.net) account. Spaces will be assigned (based on the day/time of form submission) to seniors, juniors, and then sophomores.

Technology Student Association - TSA

The Technology Student Association (TSA) is meeting on Wednesday of every week from 3:00pm - 3:30pm. All students of KRHS are welcome. Please log in using your student account to <https://meet.google.com/mbe-ghze-rx>




Please contact Mr. Davidson or Mrs. Frye if you have any questions.



Stay Connected

 Facebook  @KettleRunNews

Follow us! Stay tuned for next month's edition of Cougar Beat.

 7403 Academic Avenue, Nokes...  540-422-7330
 fcps1.org/Domain/9

